



Tamsin Addison

She is based at the Radnage House Stables, near High Wycombe, where she has amazing facilities including indoor and large outdoor arenas and a beautiful stable yard.

Tamsin is part of the Irish Para dressage team who are working toward qualifying for the Tokyo

Olympics in 2020.

She is an experienced rider having originally competed internationally at 2* Eventing and has competed across Europe and won both national and international dressage titles.

Tamsin is currently campaigning two horses one at Advanced medium and the other towards PSG in both able bodied dressage and Para competitions.

She enjoys training at all levels combining fun with patience and believes that progression and practice leads to success.

Tamsin has trained with GB with Irish & military team members in dressage and Eventing. She also has a PhD in Sport psychology.